

DIRECTIONS TO THE FNIH

The Foundation for the National Institutes of Health (FNIH) is located at **11400 Rockville Pike, Suite 600, North Bethesda, MD 20852**. The building is North Bethesda I, near the intersection of Rockville Pike and Security Lane. It is on the west side of Maryland Route 355, approximately two miles north of the Washington Beltway (I-495) and three miles north of the National Institutes of Health Campus.

DRIVING:

From I-270 South: Take the northern route of the I-270 split toward Silver Spring/College Park. Take Exit 1/Rockledge Dr. toward MD-187/Old Georgetown Road. Continue through the traffic light at Rockledge and turn left onto Old Georgetown Road. After about a mile, turn right at the light onto Nicholson Lane. Take the first right onto Executive Blvd. Turn right on Woodglen Drive and left on Security Lane. The FNIH is on the left.

From I-495 South (College Park): Take the Wisconsin Avenue, (MD 355) exit. Stay in the right lane and follow the road signs for northbound traffic onto Wisconsin Avenue (Rockville Pike). You will be brought to an intersection with Wisconsin/Rockville Pike; turn right to proceed north and after approximately 1.8 miles, turn left on Security Lane. The FNIH is on the right.

From I-495 North (Northern Virginia): Past the River Road exit, stay to the left and exit onto 270 North towards Rockville. Take Exit 1/Democracy Boulevard and stay to the right on the ramp for Democracy Blvd. East toward MD-187/Old Georgetown Road. At the fourth traffic light where Democracy Boulevard comes to an end, turn left onto Old Georgetown Road. After about a mile, turn right at the light onto Nicholson Lane. Take the first right onto Executive Boulevard. Turn right on Woodglen Drive and left on Security Lane. The FNIH is on the left.

PARKING:

Metered parking is available on both sides of Security Lane. Paid parking is also available in the garage accessible from Security Lane. The maximum cost is \$10 for the entire day, and credit cards are accepted.



PUBLIC TRANSPORTATION:

White Flint Metro Station (Red Line) is a half mile from the office. Exit the station and take the tunnel to the west side of Maryland Route 355 (Rockville Pike). Cross Marinelli Road (south, towards McDonald's) and walk down Rockville Pike approximately a half mile; turn right on Security Lane.

Bus: The nearest Ride-On bus stop is located on the west side of Rockville Pike at Rockville Pike/Edson Lane. Buses from the White Flint Metro to the FNIH are RideOn Bus # 5 (Silver Spring) and # 46 (Medical Center).